

Associated Reflexologists of Colorado

August 2009

The mission of ARC is to advance Reflexology as a profession and to assist Reflexologists in becoming more effective through continuing education and sharing in both Reflexology theory and practical techniques.

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Summer Quarterly Membership Meeting

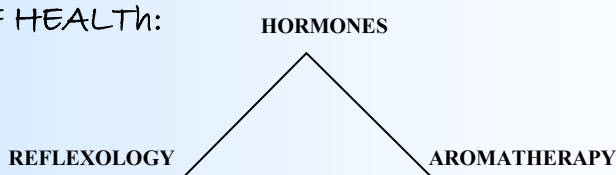
Tuesday, August 11, 2009

5:30-6:00 pm: Potluck Dinner

6:00-7:00 pm: Business Meeting

7:00 pm: ARC Presents... Marie Koepke

PYRAMID OF HEALTH:



A balance in hormones through natural means is the key to a healthy body. Learn the basics of assisting your body (or your clients) in balancing the hormones, thereby, achieving optimum health through reflexology and aromatherapy. You'll learn simple techniques which target the neuro-chemical connection from the feet to understand the "blockages" resulting in the chemical imbalances which can appear in the core of the body (illness, disease etc.,). This can be integrated in your reflexology session or added to other alternative modalities. A very simple neuro-endocrine anatomy and physiology will be covered, with a concentration on the following major endocrine organs: pituitary, thyroid, liver & adrenals and their neuro-hormonal connection. With simple reflexology techniques applied to the spinal/nerve reflex points and major endocrine organs coupled with therapeutic essential oils we can assist the body on its journey in healing.

Six LaFuma chairs are needed for this meeting.
Please bring one if you are able to do so.

Location: Old Hampden Holistic Center, 3501 S. Corona Street, Suite # 1 303-341-4384
SW corner of Old Hampden & Corona near Swedish Hospital. Old Hampden is one block north of 285 (Hampden).



ARC Membership meetings are the 2nd Tuesdays of February, May, August and November.

2009 Remaining ARC Meeting Dates
August 11
November 10

ARC Board of Directors

Tambria Leland

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**ARC is affiliated with
the Reflexology Asso-
ciation of America.**

**ARC and RAA Mem-
bership applications
are available at
[www.reflexology-
colorado.org](http://www.reflexology-
colorado.org)
or by emailing LaShay
Canady at [reflexol-
ogy@thebossgrp.com](mailto:reflexol-
ogy@thebossgrp.com).**

I hope that everyone is having a wonderful summer, enjoying the sun and the rain. We have lots of fun and exciting things coming up in the next couple of months. First off is, of course, the quarterly meeting on Tuesday, August 11th. (See cover page for details.)

The next event is the Reflexology exchange day on Sunday, August 16th. I would like to thank Carol and Todd for all of their hard work to put this together. It will be held at "The Barn" in Monument, Colorado from noon to 6:00 p.m. The address is:

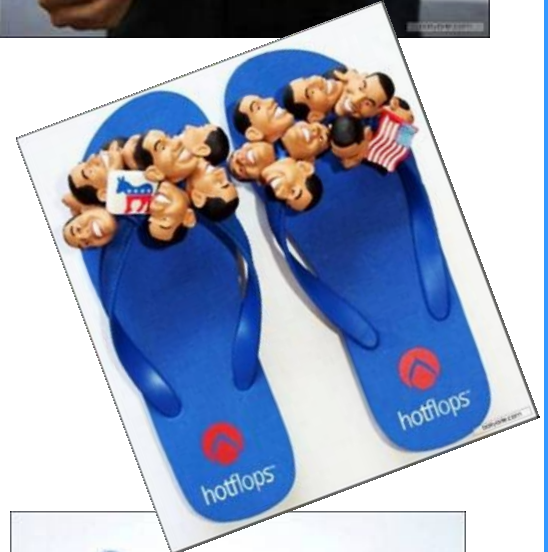
**1691 Woodmoor Drive, Monument,
Woodmoor Improvement Association.**
We are asking for either a potluck or monetary donation to cover costs.

After that we are celebrating World Reflexology week on Saturday Sept 26th with two planned events that we need volunteers for. I would like to thank Todd and Rachel for all of their hard work putting this together. We were not able to work the event that Todd was working on because they changed their date. **Please contact Todd Richter at: 720-320-4521 or todd@goldenhands-massage.com to RSVP or get more information.**

Rachel was able to get us spots at two Metaphysical bookstores (Isis and Shining Lotus) from 1-5pm. We will need volunteers to take 2 or 4 hour shifts. Please look at the flyer posted in the newsletter for details and sign up at the next meeting or contact me at 303-233-0107 or lelandtm@hotmail.com.

Don't forget that we also have the RAA annual conference coming up May 14-16, 2010. I look forward to seeing everyone at the events and have a wonderful rest of summer.

Tambria Leland



Special thanks to Adrienne Fahey for finding these delightful and WILD shoes that adorn this quarter's newsletter! Crazy...!

HELP NEEDED!!!

Suzanne Janssen will no longer be able to fulfill the duties of Newsletter Editor. The ARC is looking for someone to take over these duties before the next edition. Suzanne will train this individual on newsletter processes. If you are interested, please contact Tambria Leland at: lelandtm@hotmail.com

May 12, 2009 ARC Minutes by Mindy McKinney

President Tambria Leland called the meeting to order at 6:00 PM. There were 15 current ARC members in attendance and one visitor—Kim, a massage therapist at Rachel Lord's office, who may possibly take Rachel's reflexology class.

For the first order of business, Tambria reminded the group to make sure that they sign in at every quarterly meeting on the sign-in sheet in order to receive credit toward ARCB accreditation.

The group was also reminded that if any member is interested in including a business logo or picture of themselves next to their directory listing on the ARC website, please email Marcia Franks, LaShay Canady, or Tambria Leland. (Marcia@reflexology-colorado.org or LaShay@reflexology-colorado.org, etc.) Please send the image to them in jpeg form. (There's a possibility that if it's sent in another format that it may be able to be converted.)

Along the lines of logos, Tambria asked the group—particularly those that have been long-standing members—if anyone has a really good copy of the ARC logo. She shared an idea that she had for any interested members to buy merchandise (T-shirts, tote bags, etc.) on-line using our ARC logo through a website called CafePress.com. They allow you to create and order a variety of customized products with zero up-front costs and zero inventory investment. The merchandise is then shipped directly to you. The first order of business, however, is to send CafePress a good, clean copy of our logo. Adrienne Fahey said the original logo was done by Pride Graphics (Jay) at 60th & Sheridan. Hopefully this service can be up and running in time for World Reflexology Week.

Tambria reminded the group that ARC and RAA memberships expire on June 30. The cost for an ARC professional membership is \$50; non-professional membership is \$35. RAA professional membership is \$75; non-professional membership is \$50. Please see the last page of the May 2009, newsletter for more information and the membership application. Please note: You must be a RAA member for six months prior to the RAA Conference (May 14-16, 2010) to receive a conference discount.

Regarding the 7th Annual People's Fair in Denver the weekend of June 6 and 7 at Civic Center Park, Wendi Humphreys (who runs a reflexology booth at the fair), said that she has contacted everyone who signed up for this event and has no further information to share at

this time.

Update on Research for World Reflexology Week:

Todd Richter called several parks in Denver regarding setting up a booth on Saturday, September 26, to give free, short reflexology sessions to the public, and was told that we're not allowed to do this for various reasons. He said the parks are very particular about NO SOLICITING—for ARC or us as individuals. We will not be soliciting, but we will distribute educational material about reflexology.

He checked into other events going on that day and found one called the "Metro Mile" held at Infinity Park (Mississippi & Colo. Blvd.) from 8-11 AM. It is a running event and they will have vendors, but they are in the initial planning stage and don't have a lot of specifics yet, i.e., cost, etc.

Carol Mates asked Todd if he would inquire whether prospective parks/events would consider waiving any booth fees since we are donating our time and we're a non-profit organization. If not, Tambria said that we don't want to spend more than \$150 for the day. Also, as a reminder, any tips or donations need to be donated back to ARC. Todd will look into these logistics and will keep looking at websites for parks/events, but so far he's finding that nothing much is planned

past July. He will bring more information to the group as he gets it.

Tambria will have a sign-up sheet at the August quarterly meeting for anyone interested in participating in the event(s) chosen to promote reflexology during WRW. We will also solicit members through an email blast.

In addition to a possible booth at the "Metro Mile" the morning of September 26, ideas were mentioned about setting up chairs that same afternoon for free 10-15 minute reflexology sessions (depending on lines) at a couple of local bookstores: Shining Lotus Metaphysical Bookstore (located at Colorado & Evans) and the Isis bookstore (south of Yale).

Rachel Lord said that ARC members have held a function at the Shining Lotus for two years in the past, and she'll call Tim at the Shining Lotus to discuss the idea of doing this again on September 26. The Shining Lotus only has space for about two people to set up chairs, whereas Isis has a much bigger space. Both stores have newsletters and would probably be able to announce our event. Rachel will call both places, and if given a choice, we'll choose whatever events won't cost us anything. With a show of hands, about four people at our meeting were interested in working a bookstore event.



May 12 Minutes (cont'd)

Reflexology Exchange Day: As mentioned in the May newsletter's President's Message, Tambria Leland said that we're trying to organize an event focusing on trading reflexology sessions among members and non-members. The idea was to hold this event possibly in the Monument area so as to encourage more interaction with reflexologists who live in the south. Some ideas for this event:

- Do a round-robin style with groups of four
- HOA where Carol Mates lives in Monument has a facility available—"The Barn"
- Easy access: Monument - Exit 161 off of I-25
- Reserved for Sunday, August 16, from 12-6 PM
- Potluck with ARC contributing the main meal
- Sign up at the August quarterly meeting
- Will send email blast to Colorado Springs members
- Carol will contact non-members that she knows to inform of the event
- Todd Richter will go through ABMP to obtain names and addresses (using zip codes for the Springs area, Monument, Larkspur, Castle Rock, and southern Denver) for the purpose of sending out postcards to announce this event

RAA 2010 Conference Update: Neither Marie Koepke nor Beth Schroeder was present at tonight's meeting to provide the group with an update.

Elizabeth Heard, our new RAA delegate, gave an update as to what her committee is working on. She is on the Education Committee for RAA and they are in the process of working with members who currently do not meet the minimum 200-hour education requirement for professional RAA membership. They are giving these members resources of where to obtain more hours and trying to connect people with programs. In the future, the requirement may jump to 300 hours of education. (Editor's note: This figure has not yet been determined by RAA.) Tambria reminded the group that we need to be proactive, as we have until sometime in 2010 to come up with our standards or the government will determine them for us.

Rachel told the group that since Beth and Marie were absent from our meeting that an email update will be sent to all members regarding the RAA 2010 Conference. She stated that RAA is handling everything, all is going well, and there will be no financial obligation for ARC.

Marcia Franks informed the group of a wonderful upcoming Cadaver Lab on Thursday, May 28, 2009, from 7-10 PM. The cost is \$65 per person and you must be a therapist to attend.

To register send an email to ericbell714@msn.com.

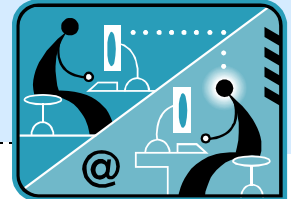
With all agenda items covered as well as any other business, our guest speaker for this evening was introduced to the group. She is Lisa Grunden, a Reiki master/teacher, a Peak Performance Coach and motivational speaker. Her topic for this evening is the Emotional Freedom Technique.

From the Inbox

From: symsys2009@mtnhigh.com

Date: Tuesday, July 14, 2009

Re: Introducing reflex4usa.com



Hello,

I wanted to call your attention to a new resource "reflex4usa.com". This website is designed to easily allow you, your clients and others interested to contact their representatives regarding reflexology. Also, elected representatives are directed back to reflex4usa.com to find more information for themselves.

Including the new, up to date listing of what medical centers say about reflexology on this site as well. This in itself is worth a visit to reflex4usa.com. As long as we stick to what medical centers say reflexology can do, we'll have plenty of work just in those areas if we can get reflexology recognized as an effective modality.

In the very near future I hope to invite you to an internet chat session to discuss matters important to our occupation. I'd appreciate any feed back and/or notice of typos, errors etc.

Best wishes,

Mark Cook, ART (Regd)
President, Symbiotic Systems, Inc.



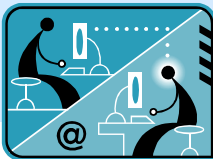
From the Inbox (cont'd.)

From the Inbox

From: symsys2009@mtnhigh.com

Subject: Why We Must fight for Reflexology

Date: Thursday, July 16, 2009



Colleagues:

Following is a letter I received in response to my letter introducing reflex4usa.com. This is why we must stand together and bring reflexology out of the closet and onto the radar of our elected representatives. The letter from Dayl Kumpa reads...

"Dear Mark,

I am very impressed with your efforts to help bring reflexology the recognition it deserves in the complementary and alternative health care arena. We forwarded your last communication to reflexologists in Florida and encouraged them to contact Senator Harkin and will do the same with this email.

I am the president of the Florida Association of Independent Reflexologists - FAIR and a certified reflexologist from the International Institute of Reflexology. I am also the recipient of a Cease and Desist order that threaten fines and jail time for practicing reflexology without a massage license. While insurance reimbursement sounds great, we first need to be allowed to legally practice in the state of Florida.

Our approach is similar to yours. We have a Dear Legislator letter, have started an online petition, have published a proposal. I have met with staff/legislators in my district and contacted the chair of the health regulations committee. In light of the many challenges our state (and nation) are facing, this is not a priority.

FAIR is scheduled to speak at the July 31 meeting of the Massage Therapy Board where we are requesting exemption. (this fight has gone on for over 25 years in Florida without success). And Florida is not the only state dealing with this issue.

I would welcome any resources you might have to assist us with our battle and will continue to do the same for you."

And so ends the letter. Did you note the offer of support? This is how we help each other; sharing resources and ideas and standing together.

If we allow other modalities to define us, this is what happens... we end up under the thumb of another modality. These people in Florida can't work unless they become massage therapists.

This is why we must engage in the health care debate, right here, right now while health care is upon everyone's minds.

Did you note on my "health benefits" page on www.reflex4usa.com that the medical centers define the conditions treated to be improved by reflexology specifically. Not massage therapy, reflexology. We don't need to touch any other part of the body except hands, feet and ears to get results. Massage therapist touching the whole body can't get the same results UNLESS they are trained specifically in reflexology. So why are not the modalities separate?

Anyway, this problem in Florida might become your problem in your State unless we work together and get reflexology on the lips of our elected representatives on OUR terms. It is crazy that in one State, reflexology is regulated and can be billed to insurance and in another State reflexology is considered voodoo or something similar.

Working together, all on the same national marketing program, we can do so much more than by working alone and perhaps get reflexology nationally recognized in every State.

Only you can change the possibility of becoming an outlaw modality and that's by getting involved in this two month campaign to bring reflexology to the attention of our representatives.

If President Obama even mentioned the word reflexology, our appointment books would fill up. Why would you not be interested in helping this happen by taking 1/2 hour of your time to support the letter writing campaign made easy by reflex4usa.com and encouraging your clients to do so?

The downside of your effort is the President doesn't mention reflexology. That's it. Nothing ventured, nothing gained. But if it is because you sat back and didn't do anything toward helping bring reflexology to your elected representatives attention, then as in all things, you get what you give. Nothing and maybe worse. The choice is yours. Victims or victors.

Thanks to all those who have expressed offers to help. More help, ideas are needed. If you can help with this effort, please contact me so we can start coordinating our efforts with everyone else.

Best wishes,
Mark Cook, ART (Regd)
President
Symbiotic Systems, Inc.

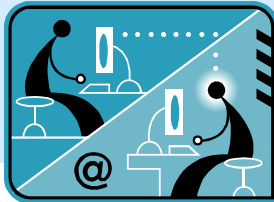
From the Inbox and Save These Dates

From the Inbox

From: cynthh152@aol.com

Subject: USA Wellness/Reflexology

Date: Thursday, July 16, 2009



Dear Friends,

Now is the time to put our voices together for change in the way we look at health care in the USA. Presently we have a system that allows and even promotes the abuse of our bodies and our minds. We humbly ask you to consider what the country would look like if being well and whole were the goal of each individual. What if that were our goal for our children, our parents, our neighbors. What if that kind of positive encouragement took the form of daily walks, home cooked meals, plenty of rest and clean water? What if an ounce of prevention was the focus instead of the pound of cure?

Reflexology is another ounce of prevention as well as a gentle stimulus to encourage the body to function properly. It is elegant, non-invasive and is a cost-wise method of avoiding serious health issues. Unfortunately there's not a dime that pharmaceutical companies, or insurance companies, or other corporate CEO's can make from Reflexology. It is all purely natural.

Your voice needs to be heard to put Reflexology in the forefront of the change the USA needs to see in what wellness looks like in this country. Please visit <http://site.reflex4usa.com/> for the list of your employees in the government that need to hear from you. By August a bill will be drafted to dictate what where and how your health plan will take shape. Use your voice. Please visit <http://site.reflex4usa.com/>. If the links don't work, just copy and paste into your browser.

Thanks for all you do for your family and your community.

Shalom,
Cyndi Hill

RAA National Conference "Reflexology: Stepping Up to New Heights"

**May 14-16, 2010
Denver - Colorado**

- We are "stepping up to new heights" in business, education and the future of what Reflexology holds for our profession.
- Keynote speakers on providing scientific and professional tangible tools to promote Reflexology
- Breakout sessions on enhancing the Art & Science of Reflexology
- Vendors
- Reflexology trade sessions
- Relax & Rejuvenate spa room

For more information and how to get involved contact the Conference Committee
RAAConf2010@reflexology-usa.org

PAMPER YOURSELF AT THE NEXT ARC SPECIAL EVENT EXCHANGE DAY

Sunday, August 16th, Noon to 6:00 p.m.

Please contact Todd Richter at: 720-320-4521 or todd@goldenhands-massagetherapy.com to RSVP or get more information.

Located at "The Barn," 1691 Woodmoor Drive, Monument, Colorado
Woodmoor Improvement Association



Save These Dates

September 20 - 26, 2009



The ARC will be discussing activities to promote WRW in Colorado at the August 11th Quarterly Meeting. Get involved in 2009!

Sign up at the August 11th ARC Meeting to participate in the following World Reflexology Events:

BE GOOD TO YOUR FEET!
FREE 10 MINUTE REFLEXOLOGY SESSIONS!!
SATURDAY SEPTEMBER 26, 2009 1 to 5 PM
ISIS BOOKS AND GIFTS
And
SHINING LOTUS METAPHYSICAL BOOK STORE

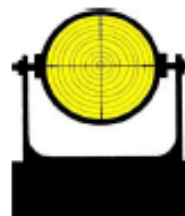
- Presented in celebration of World Reflexology Week and to increase awareness about Reflexology
- Sponsored by the Associated Reflexologists of Colorado (ARC)
- ARC members will be on hand to give free Reflexology sessions, plenty of TLC and to answer your questions about Reflexology!

Associated Reflexologists
of Colorado
Community Meeting Agenda
Tuesday, August 11, 2009
6:00 p.m.

Please go to:
www.reflexology-colorado.org
for meeting agenda

RAA Membership Renewal is July 2009

Join or renew in 2009 and you will receive an incredible discount on registration for the RAA National Conference May 14-16, 2010 in Denver!



INTERNATIONAL COUNCIL OF REFLEXOLOGISTS 12TH BIENNIAL CONFERENCE

“Spotlight on Reflexology”
September 11-13, 2009

Los Angeles (Anaheim), CA

Complete registration information available at:
<http://www.icr-reflexology.org/conference.htm>

Early Bird (March 1 to April 30): \$399 members;
\$445 non-members

Regular Fee (May 1 to July 31): \$445 members; \$490 non-members
Price Includes: **Friday**: breaks, lunch * **Saturday**: breaks, lunch, and Gala Dinner * **Sunday**: break and lunch

Membership in the International Council of Reflexologists is open to all reflexologists, associations, educational institutions and teachers throughout the world regardless of methodology and techniques. ICR has members now in thirty-six countries.

FLUENT IN SPANISH??

Your assistance may be needed during the RAA Annual Conference to be held in Denver
May 14-16, 2010

More details will be known in the coming months.
Please touch bases with Beth Schroeder,
Living Well Center for Health
at schroeder90@msn.com or 720-530-5756
if you are interested in helping.

Educational Opportunities

**Dr. Manzanares will be teaching a 6 hr. Post-Conference Class at ICR:
"Science Based Reflexology"**

Monday, Sept. 14th, Hours: 8am - 2pm
Registration is separate from the ICR Conference

6 hr. ARCB CE Approved
No prerequisites

Location: same hotel as ICR Conference (www.icr-reflexology.org)

Cost: \$120 - Pre-registration is required.

PLEASE DO NOT Contact ICR to register for this class - it is separately handled by Linda Chollar

Class size is limited and will fill quickly. **Pre-Registration** is by phone with credit card to:

Linda Chollar at 310-318-3353
U.S Office for Dr. J. Manzanares
Science-Based Reflexology
Los Angeles, CA

Watch your email for another e-new blast about this event.

GO TO www.ManzanaresMethod.com

ICR Conference Brochure but please note that this class did not get in the conference agenda before printing. http://www.icr-reflexology.org/2009_Conference_Brochure.pdf

Linda Chollar, CWC, AAEd
Reflexology Mentoring and Education
Email: info@painfreepath.com
Office: 310-318-3353

CHINESE MERIDIAN THERAPY IN REFLEXOLOGY AND MASSAGE

Friday, October 16, 2009 6:00-9:00 pm
Saturday and Sunday, October 17 and 18, 2009, 9:00 a.m. -6:00 p.m.

A practical class in the application of Chinese acupuncture points on the hands, feet, lower legs and forearms. By incorporating Chinese meridian therapy into your present sessions, you will improve your treatments by leaps and bounds.

Instructor: Rachel Lord, RN, BCR, CMT, MH
Just for Health School of Reflexology and Healing Arts
3501 S. Corona St., #1, Englewood, CO 80110

To Register: Download Application and send in to above address with \$50 deposit.
Make out check to "Just for Health" / Or call Rachel at 303-320-4367
www.justforhealth.net, justforhealth7@gmail.com

Approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board. Approved as a provider of continuing education by the American Reflexology Certification Board (ARCB) # P00116

Educational Opportunities

Dr. Jesus Manzanares, M.D. will present at the International Reflexology Conference in L.A. September 11-13, 2009

"The Science of Deposits: What Biopsies Revealed"

The weekend will consist of a Friday night lecture and two one hour workshops. Dr. Manzanares will present his groundbreaking research on the composition of deposit tissue, putting to rest many of the theories of old about calcium, toxins, congestion, etc.

For the first time, a scientist / researcher / reflexologist has performed biopsies on the feet of live patients and will be lecturing and teaching on these findings. View the actual MR images of the biopsies and discover how to palpate for different types of deposits.

For complete details on registration, please go to: www.icr-reflexology.org
To read more about Dr. Manzanares, visit www.PainFreePath.com or www.ManzanaresMethod.com

Linda Chollar, Director
Dr. J. Manzanares, M.D.
Science-Based Reflexology Education
310-318-3353



Barefoot Kinesiology with Chris Stormer September 26-27 2009 held at the Willowbrook, IL Holiday Inn



Discover why people enjoy learning with Chris and the benefits you take home.

This workshop is for everyone interested in why we have certain patterns of pain or discomfort. Barefoot kinesiology is an effective way of bringing an end to the mounting doom-and-gloom and puts things into perspective – it's a really useful additional tool to have tucked up one's sleeve! Reflexologists will take home benefits for themselves and their clients!

ARCB CEUs will be granted.
Attendees receive a discounted room rate.

There is a room sharing option and free airport shuttle.

For additional information and registration form
773-338-1644 RA1edu@gmail.com

ARC Member News

The ARC Newsletter is published quarterly. This newsletter is for the education of its membership and dissemination of health related information and news. The material should not be construed as medical advice, treatment or recommendation for self treatment where professional, medical intervention is the standard of care, and is not intended to replace professional medical care. Additionally, Educational Opportunities are listed as a resource for reflexologists and are not an endorsement of any particular instructor.

ARC Treasurer Report ending June 30, 2009	
Expenses April through June	
WIA (50% for exchange day rent)	55.00
RAA dues	225
Speaker	50.00
Newsletter	65.27
Meeting expenses	50.00
Miscellaneous expenses	35.68
Total Expenses	480.95
Income April through June	785.00
membership dues and Flocco workshop	
Balance ending June 30	3380.15
reconciled with bank statement	

2009-2010 Membership Drive

The ARC membership drive for 2009-2010 began in June. Do you still need to renew your membership?
 You may complete the application on page 11 or renew online at www.reflexology-colorado.org.

Thank you for supporting your state association dedicated to advancing the field of reflexology!

ATTENTION, MEMBERS!!!

THE ARC WEBSITE HAS RECENTLY UNDERGONE SOME EXCITING CHANGES. IF YOU HAVEN'T LOOKED LATELY, PLEASE GO TO WWW.REFLEXOLOGY-COLORADO.ORG

Website Update: If your information is incorrect let us know. E-mail LaShay or Marcia at:
Lashay@reflexology-colorado.org
Marcia@reflexology-colorado.org

New Member Feature: You may submit a photo in the Member Directory area! To do this, just send a jpeg image as an attachment to an e-mail to one of the addresses above. We will enter it next to your information.

Remember: If your information is wrong, ARC won't be able to find you, and perhaps even more importantly, **CLIENTS**, if you're listed on the website!

When your membership comes due **JUNE 30**, complete the membership application. Highlight any changes from the previous year.

- **Marcia Franks**
ARC Treasurer

HELP NEEDED!!!

Suzanne Janssen will no longer be able to fulfill the duties of Newsletter Editor. The ARC is looking for someone to take over these duties before the next edition. Suzanne will train this individual on newsletter processes. If you are interested, please contact Tambria Leland at: lelandtm@hotmail.com



Associated Reflexologists of Colorado
www.reflexology-colorado.org
 (RAA Affiliated State)
 Membership Year: July 1 – June 30



Name: _____ Email: _____

Business Name: _____

Office Address: _____

Home Address: _____

Office Phone: () _____ - _____ Home Phone: () _____ - _____ Website: _____

NOTE: Your office address will be used for the ARC/RAA online and print directory. Complete information as you would like it to appear. Check the following box if you do not wish your name to be added to the directory.

No, I do not want to be included in online or print directories. PLEASE CHOOSE: EMAIL _____ (pdf in color) or PAPER _____ newsletter.

Professional Membership

ARC New Renewal
 RAA New Renewal

Prorated Last 6 mo NEW Member Only

- | | | |
|---------------------------------|---|--|
| ARC/RAA Professional Membership | <input type="checkbox"/> \$125 per year | <input type="checkbox"/> \$105 – RAA only pro-rate Jan-Jun |
| Add - RAA Personal Page | <input type="checkbox"/> \$ 70 first year (\$35 after 1 st yr) | |
| Add - RAA Reciprocal Web link | <input type="checkbox"/> \$ 15 per year | |
| ARC Professional Membership | <input type="checkbox"/> \$ 50 per year | |
| RAA Professional Membership | <input type="checkbox"/> \$ 75 per year | <input type="checkbox"/> \$ 55 for January 1- June 30 |

Professional Membership requires completion of a 200 hour reflexology-only training course and certification by a school or a national non-profit reflexology testing board. Professional members may vote, hold office, and be eligible for a listing on the on-line directory. Documentation of specific reflexology training which has been certified by a school or certified /accredited teacher of reflexology is required. Hours of training from another therapy will not be considered. **Proof of 200-hour training or national board certification must be attached to process NEW applications.** ARC/ RAA reserve the right to verify all credentials.

School Name: _____ Teacher's Name _____

Address: _____

Phone () _____ - _____ No. of Hrs Completed: _____ Date of Completion: _____

Are you nationally certified by a non-profit reflexology certification board? Yes No Certification # _____

Name/Address of Board: _____

Associate Membership

ARC New Renewal
 RAA New Renewal

Prorated Last 6 mo NEW Member Only

- | | | |
|--|--|---|
| ARC/RAA Associate Membership | <input type="checkbox"/> \$85 per year | <input type="checkbox"/> \$70 – RAA only pro-rate Jan-Jun |
| ARC Associate Membership | <input type="checkbox"/> \$35 per year | |
| RAA Associate Membership | <input type="checkbox"/> \$50 per year | <input type="checkbox"/> \$35 for January 1- June 30 |
| Add - Reciprocal Web link for Business and Schools | <input type="checkbox"/> \$15 per year | |

Associate Membership is open to non-certified reflexologists not meeting the Professional member level standards, a student training in reflexology, a client or other interested person, an agency, a school, a business, a manufacturer, state association, or any other entity concerned about, and desiring to support the growth and development of the field of reflexology. **Associate member schools and offices** are eligible for a listing on the on-line directory. ARC/RAA reserves the right to verify all credentials.

- I want to be a ARC volunteer: Newsletter PR Membership Legislation Continuing Education Other _____
- I want to be a RAA volunteer: Magazine Conference Membership Legislation Education Website Other _____

I verify that I have met the requirements for the level of membership which I am applying and I have included all required documentation. I understand that if any of the above information is found to be incorrect or invalid, my membership will be denied.

Signature: _____ Date: _____

Make checks payable to: ARC NOTE: An application MUST accompany your payment Attn: Treasurer Email: reflexology@thebossgrp.com PO Box 697 Englewood, CO 80151 Tel: 303-886-0673	ARC USE ONLY	
	Received by: _____	
	Date - ARC: _____	Date - RAA: _____
	Check # and Amount	Check # and Amount

RAA Members: Please note that RAA Delegates Beth Schroeder and Elizabeth Heard are available to answer any questions you may have regarding RAA. Beth Schroeder: schroeder90@msn.com; Elizabeth Heard: abalancedsole@qwestoffice.net

Views expressed in articles and advertisements in this newsletter are not necessarily those of the ARC,
its Board of Directors, membership or the editor.

FOOT NOTE



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